

# PAA FALCON WRESTLING

## “Code of Conduct”

Achieving a high level of sportsmanship in our sport starts with you! Participating in the sport of wrestling is a privilege, not a right. As with all privileges, there comes the responsibility to maintain that privilege. One of your responsibilities as a representative of our community and our sport is to conduct yourself in a way that reflects positively on yourself, your coaches, your teammates, your family and wrestling in general.

It is important that all wrestlers, parents & coaches adhere to the following:

1. I will show good sportsmanship at all times! Swearing, throwing head gear, kicking, hitting talking back will not be tolerated.
2. I will respect and not criticize my teammates.
3. I will control my temper.
4. I will respect the opposing team and shake hands at the conclusion of each dual/match.
5. I will not taunt or yell at opposing players and/or teams.
6. I will respect referees and not openly criticize them. I will remember that they are in control of the match, and that they are human, and will make mistakes. The referees will have the last word, even if it results in me being asked to leave the event.
7. I will show respect to all equipment, supplies and facilities (home and away).
8. I will not make any alterations to PAA issued apparel or equipment that must be returned and I understand that I will be held financially responsible for any damages/loss of these items.
9. I will strive to have fun and help ensure that my teammates have a fun wrestling experience as well.
10. I will wrestle to the best of my ability, and compete fairly at all times.
11. I will do my best to be on time; and to attend practice on a regular basis.

I have read and understand the PAA Wrestling Code of Conduct. I understand that any violation of this code may result in disciplinary action being taken against me up to and including being suspended/removed for the team/event. Concerns in any of these areas, should be addressed with one of the Coaches.

Both wrestler and a parent are required to sign and date.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Wrestler Signature \_\_\_\_\_ Date \_\_\_\_\_

**\*POSITIVE ADULT ROLE MODELS ALLOW ATHLETES TO GROW AND ACCEPT CHALLENGES\***